

Tune into 108 FM For all Church Services.

Foxford

Tel: Very Rev. Padraig Costello P.P: Mobile: 087 242 2273. Parish Office – 094 92 56131 / 094 9257843. Email: stmichaelsfoxford@gmail.com Parish website: www.foxfordparish.com Diocesan Website: www.achonrydiocese.org

31st July 2022 – Eighteenth Sunday in Ordinary Time

Toomore: Sat. 6.00 p.m. Mass in Toomore Cemetery (weather permitting – otherwise in the church)

Foxford: Sat. 7:30 p.m. (1) Johnny & Mary Lizzie Coleman, Clossaugh, R.I.P.

(2) Padraic Ruddy, Coolaggagh & his daughter, Patricia Loftus, R.I.P.

Attymachugh: Sun. 9.00 a.m. For the Community

Foxford; Sun. 11.00 a.m. Mass in Craggagh Cemetery (weather permitting – otherwise in St. Michael's church)

Foxford: Mon. 10.00 a.m. Special Intention

Convent Chapel: Tues. 8.00 a.m.

Foxford: Tues. 10.00 a.m. Mary & Bridie Boland, R.I.P.

Foxford: Wed. 7.00 p.m. Ambrose Gaughan & Declan McDermott (Annivs), R.I.P.

Foxford: Thurs. 10.00 a.m. Special Intention

Foxford: Fri. 10.00 a.m.

Foxford; Sat. 11.00 a.m. Andy Durkin, (Month's mind), Station Rd. R.I.P.

Toomore Sat. 6.00 p.m. For the Community

Foxford: Sat. 7.30 p.m. (1) Pat (Anniv) & Mollie Doocey, R.I.P.

(2) Annie (3rd Anniv) & John Hennigan, Rinnaney, R.I.P.

Attymachugh: 9.00 a.m. Tommie (20th Anniv) & Kitty Gallagher, Johnnie Gallagher, Glanduff, Dominic Gallagher,

Sr. Gertrude Gallagher, Bridget Durkin, Margaret Broderick, Harriet Durkin & deceased, R.I.P.

Foxford: Sun. 11.00 a.m. (1) Ann Durkin (7th Anniv), Barrack Rd., R.I.P.

(2) Sal Healy (8th Anniv), Mary Frazer & deceased of the Frazer & Healy families, R.I.P.

6 th /7 th August:		Readers	Ministers of The Eucharist.
Toomore	Sat: 6.00 p.m.	Alice Hennigan	Mary Geraghty
Attymachugh	Sun: 9.00 a.m.	Margaret McHale	Anne Prendergast
Foxford	Sat: 7.30 p.m.	Michael McDonagh	A.Burke/N.Noone/B.Dunne
Foxford.	Sun: 11.00 a.m.	Stephen Giblin	L.Giblin/W.O'Hara/H.Murphy/B.Flynn

If you are unable to read at the weekend please contact Teresa Ormsby Ph.0872739680

Mass Servers: This weekend: Sat: Marietta Howley/Annie Reynolds/Erin Dootson/Ruby McDermott

Sun: Jayden McDonnell/Eimear Ruane/Sarah Ryder/Alan Rhys

Next weekend: 6th/7th August: Sat.: Annie Reynolds/Katie Ruddy/Patrick Kirwan/Jonah Gallagher

Sun: Leah Gaughan/Clionamay O'Donnell/Conal Reilly/Roisin Elstone

Baptism: Welcome to the Christian community to: **Ciara Mary Gilmartin**, daughter of Brid & Adrian, Assumpta Place, **Cillian Michael Gaughan**, son of Natasha, Currinara who were baptised in St. Michael's church on Saturday 23rd July.

Wedding Bells: Congratulations to **Sarah Ruane**, Rinnaney and **Anthony Ruane**, Straide, who were married in St. Michael's church on Friday 22nd July.

Cemetery Masses 2022: It is hoped to celebrate Mass in our cemeteries this weekend
Toomore Cemetery on Saturday 30th July at 6 p.m.
Craggagh Cemetery on Sunday 31st July at 11.00 a.m.

Please note: All cheques for Offertory and other parish collections should be made payable to: **St. Michael's church.**

Moy Davitts 50/50 Draw: Congratulations to **Mary T. Loughlin**, on winning €563 in the Moy Davitts 50/50 draw recently. A huge thank you to everyone who supported last week's draw, it is greatly appreciated. Tickets are available in the usual retail outlets and by clicking <https://smartlotto.ie/Bohola-moy-davitts>

The A.G.M. of the Foxford Sports and Leisure Centre will take place on **Monday 15th August at 9.00 pm** in the Centre. All are welcome.

Mayo Cancer Support offers a range of emotional support to people with cancer and their families. Call 094 9038407 for information.

Hospital Visits/ Family Deaths: If you wish the priest to visit relations or friends in hospital or at home or to put a notice of family deaths outside the parish in the weekly newsletter – please leave a message at the priests house.

Pastoral Council: Main points from meeting of the Parish Pastoral Council held during the past week:

1. As Covid continues in our community: (A) No change in method of collecting the Offertory donations at the Masses. Again many thanks for your continued support. (B) Holy water fonts to remain empty of water for the moment. (Of course we can bless ourselves without using holy water on entering the church.)
2. It was felt that one Sunday each month should be designated as a 'Children's Mass. Parents will be encouraged to bring their children, no matter how young, to Mass.
3. The Blessing of Toddlers should be revived. To take place towards end of September or early October. This used to be a lovely celebration pre-covid.
4. As 15th August this year falls on Monday it was decided to have one Mass, 11.00 a.m. in St. Michael's, for the whole parish on that day.
5. There was a discussion on the Synodal Pathway taking place in our Diocese and throughout the country. People are encouraged to read the results of the various submissions and meetings which is available on **achonrydiocese.org**. We also had a brief discussion on the upcoming shortage of priests in our Diocese and how it will impinge on our parishes and on the number of Masses.
6. Gratitude was expressed to our two retiring School Principals, Ms. Eileen O'Brien and Mr. John McHugh and every good wish and blessings to the two new Principals, Mr. Daire McManamon and Mr. John McEvilly.

The Fr. Patrick Peyton Centre are looking for volunteers to help in the recently opened **information hub in Knock** village close to the Shrine called 'Mission of Father Patrick Peyton CSC'. If you would like to help please call the Centre 096-45374

Reek Sunday 2022: The annual Reek Sunday pilgrimage takes place on Sunday July 31st at Croagh Patrick. Confessions on the summit 7:30am - 2:00pm. Mass hourly from 8:00am - 2.00pm

North Connaught College are now welcoming our new students and we are delighted to introduce an exciting new course for Qualified therapists in ITEC Laser and IPL Diploma. (Also, an option of Microdermabrasion certificate). Part time- Sept -May-- Mondays. Contact 071-9185035 nccollege@msletb.ie Follow us on Facebook

Grow Meetings: A self- help group helping people suffering from stress, anxiety, depression, panic attacks, loneliness etc meet every Tuesday night at 8 pm in Ballina Community Centre.

Encounter School of Ministry: Are you hungry for more? Do you want to go deeper in your faith? Do you want to live from your identity as a child of God? Then, this course is for you. The Encounter School of Ministry is a dynamic training program designed to teach, equip, and activate you in the full supernatural lifestyle of Jesus so that you can walk with God in intimacy and demonstrate his love and power to the world around you! Drawing from the richness of our Catholic heritage we are offering an online training program for Ireland, designed to take you to the next level in your ministry. Enrolment is for one year, so you can discern your continuation as a Year 2 student. Our curriculum and content is rooted in Catholic Tradition and faithful to Catholic teaching. Classes are held on Thursdays at 7:30pm from mid-September through May. For more information visit <https://encounterschool.org/online-campus-ireland/> Be sure to select the Online – English Campus and you will then be able to choose the 7:30 IST / 2:30pm ET time slot for your zoom session! Places are limited!

It's Cardiac Rehab' – A podcast series bringing together experts in cardiac rehab and patients who have attended cardiac rehabilitation. Topics included are exercise, medication, healthy eating and the psychological impact of living with heart disease. If you have had a cardiovascular event such as a heart attack, coronary artery stenting or coronary artery bypass surgery – log onto <https://irishheart.ie/services-for-you/its-cardiac-rehab-podcast/> for information and support

"Connected health are looking to recruit caregivers throughout all areas of Mayo. Paying rates up to 16 euro PH plus travel. No experience required as full accredited training will be provided. Apply to info@connected-health.ie."

NEW! Foxford Board Games Group - 2nd & 4th Thursday's at the Foxford Sports & Leisure Centre, 7pm. We play a wide variety of old and new card & board games. Skill level suitable for ages 12-112!

Synod Prayer: "We stand before You, Holy Spirit, as we gather together in Your name. With You alone to guide us, make Yourself at home in our hearts; Teach us the way we must go and how we are to pursue it. We are weak and sinful; do not let us promote disorder. Do not let ignorance lead us down the wrong path nor partiality influence our actions. Let us find in You our unity so that we may journey together to eternal life and not stray from the way of truth and what is right. All this we ask of You, who are at work in every place and time, in the communion of the Father and the Son, forever and ever. Amen

If you are a newcomer to the parish/community and would like a box of offertory envelopes – please tell the priest.

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1. **A Healthy, Greener You**

A little self-care, Shopping tips, reducing waste tips, minding our community and our planet. Learn how and why small changes ordinary people can make in our everyday routine can help ourselves and our communities be healthier and happier.

Six weeks course, starting September/October. To book your place please contact RWN on 094 9621690, or text on 086 8099154, email info@rwn.ie or PM on our Facebook page. No charge.

2. **"Would you like to improve your personal relationships**, raise your confidence and build up your self-esteem, help with setting and meeting goals, learn how to think positively? Then our STEPS course is for you! STEPS runs for two mornings a week over a four week period starting in September/October - dates to be confirmed. From past experience of running this course places will fill up quickly, so to avoid disappointment, please ring us on 094 9621690 text 086 8099154 or email us on: info@rwn.ie. The course itself is free of charge to anyone in receipt of a social welfare payment, however we do require a small once off contribution of €10 per participants to secure your place and cover materials and refreshments."

Car-parking: Please ensure that there is a **freeway** around the church and a **free exit** from the `Curate`s House` at all times. Thank you

Looking for a progression routes to college or looking for a Job in the Healthcare Sector? Why not get yourself a qualification that allows you to do both with a guaranteed Job at the end. The RWN Training Services Castlereagh is now recruiting for all courses in Healthcare, Computers and Retail Skills. Call 0949621690; Call/Text 0872718118 or email training@rwn.ie for more information. Apply online at www.fetchcourses.ie and search RWN to see all our Courses."

Home Instead: We're looking for caring and compassionate people to join our team of CAREGivers:

- Competitive pay with premium rates at weekends and bank holidays
- Access to our unique Home Care Professionals Academy. • Unrivalled support from our office team.
- Range of opportunities to upskill and progress your career
- Many other benefits such as flexible work and appreciation activities.

Call (094) 904 4785 or Email info.mayo@homeinstead.ie

Join over 1000 young people between 16 and 35 this August at the **Youth 2000 Summer Festival**. The festival takes place in Clongowes Wood College, Clane, Co Kildare from **Thursday 11th August to Sunday 14th August 2022**. For more information and to book your place go to www.youth2000.ie

Affordable Live-in Homecare provides live-in carers for the elderly in your area. If you are looking for a live-in carer for your relative, please call Eileen or Tom today on 087 991 6791 or 087 744 0729. Our website is www.alhomecare.ie

The family of 14-year-old Newry schoolboy Daniel Greer are appealing to people across the island of Ireland to help save his life by signing up as bone marrow donors because a transplant is now his only chance to beat leukaemia. Please sign up to check if you are his match: In Northern Ireland: <https://www.dkms.org.uk/register-now> In the Republic of Ireland: <https://www.giveblood.ie/bone-marrow/> Worldwide: <https://wmda.info/donor/become-a-donor/>

Would you be willing to provide companionship to an older person locally? **ALONE** are seeking volunteers in your area. Full training and support provided. If interested please contact Karen on karen.byrne@alone.ie or on 086 0576401

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